



My Cultural Awareness Profile

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My Cultural Awareness Profile (myCAP)

Print out this document and write in your answers.

Name _____ Date _____



DIMENSION 1: *Exploring the Global Context*

Reflect on your knowledge about the global context...

Circle the responses that best represent your views.

1. I am knowledgeable about global and international issues.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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2. It is difficult to find a global connection in most topics I plan to teach.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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3. I read or watch international newspapers, TV programs, and/or movies.

<i>Rarely</i>	<i>Not Often</i>	<i>Sometimes</i>	<i>Often</i>
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4. I look for courses that focus on international and global issues and topics.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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5. Globalization has not directly impacted my life.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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6. I will teach and assess curricular units that explicitly address global issues.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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7. I consider how choices I make in my life might have a global impact.

<i>Rarely</i>	<i>Not Often</i>	<i>Sometimes</i>	<i>Often</i>
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8. I get involved in activities/organizations concerned with global issues.

<i>Rarely</i>	<i>Not Often</i>	<i>Sometimes</i>	<i>Often</i>
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Reflect on your knowledge about the global context...

Self-Reflective Writing → Write out your answers. If you need more space, attach an extra sheet of paper.



9. How do you define "global citizen"? Do you consider yourself a global citizen?

10. Do you think international/global issues should have a central place in a school's curriculum? Explain your reasoning.

Name _____ Date _____



DIMENSION 2: *Learning About Different Cultures*

Reflect on your current understandings of culture and other cultural groups...

Circle the responses that best represent your views.

11. Talking about common cultural characteristics is different from stereotyping.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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12. Culture is more about traditions, celebrations, and history than about core values.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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13. The best way to come to know other cultural groups is through international travel.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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14. I find it hard to see both similarities and differences when I consider various cultures.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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15. I go to cultural events on campus or in my community.

<i>Rarely</i>	<i>Not Often</i>	<i>Sometimes</i>	<i>Often</i>
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16. I will actively promote cultural awareness in my teaching.

<i>Rarely</i>	<i>Not Often</i>	<i>Sometimes</i>	<i>Often</i>
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17. I am not very familiar with a culture group other than my own.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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18. Curriculum should be culturally neutral so it appeals to all children.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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Reflect on your current understandings of culture and other cultural groups...

Self-Reflective Writing → Write out your answers. If you need more space, attach an extra sheet of paper.



19. Describe three categories/characteristics commonly used to compare culture groups.

20. How might you incorporate cultural awareness into your teaching?

Name _____ Date _____



DIMENSION 3: *Knowing Ourselves As Cultural*

Reflect on your own cultural identity...

Circle the responses that best represent your views.

21. I consider myself as being part of a particular culture.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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22. My cultural identity does not really influence how I perceive the world and how I behave.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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23. I often view others as more cultural than myself.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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24. I have been in situations where I felt like a cultural outsider.

<i>Rarely</i>	<i>Not Often</i>	<i>Sometimes</i>	<i>Often</i>
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25. My cultural identity will impact my teaching.

<i>Rarely</i>	<i>Not Often</i>	<i>Sometimes</i>	<i>Often</i>
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26. I hardly ever talk about cultural beliefs, values, and traditions.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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27. Deep down, most people have similar ideas about what is good and right.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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28. Helping students recognize their own cultural identity is essential for good teaching.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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Reflect on your own cultural identity...

Self-Reflective Writing → Write out your answers. If you need more space, attach an extra sheet of paper.



29. Using up to 10 terms or phrases, describe your cultural identity.

30. In what ways might a teacher's cultural identity influence the way they teach?

Name _____ Date _____



DIMENSION 4: *Communicating Across Cultural Differences*

Reflect on your current intercultural communication skills...

Circle the responses that best represent your views.

31. I am comfortable talking with people from other cultural groups.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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32. The best way to avoid cultural misunderstandings is to treat other people as you would want to be treated.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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33. To be an effective teacher, it is essential to learn about the cultural background of my students.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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34. I've been misunderstood because of cultural differences.

<i>Rarely</i>	<i>Not Often</i>	<i>Sometimes</i>	<i>Often</i>
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35. My cultural identity does not really impact how I communicate with most other people.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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36. I notice that people from other cultures use different gestures and body language when they talk.

<i>Rarely</i>	<i>Not Often</i>	<i>Sometimes</i>	<i>Often</i>
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37. I adjust my communication styles depending on whom I am talking to.

<i>Rarely</i>	<i>Not Often</i>	<i>Sometimes</i>	<i>Often</i>
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38. Only certain subjects that are taught in school require teachers to think about issues of culture.

<i>Disagree</i>	<i>Somewhat Disagree</i>	<i>Somewhat Agree</i>	<i>Agree</i>
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Reflect on your current intercultural communication skills...

Self-Reflective Writing → Write out your answers. If you need more space, attach an extra sheet of paper.



39. Consider a time when you talked with someone from another culture.
How did this conversation differ from one with someone from your own culture.

40. What are some strategies you will implement to effectively teach students from different cultural backgrounds?

Students: please tell us about your experience with myCAP in the [Student Postsurvey](#).

Instructors: please share your feedback on the usefulness of myCAP with preservice teachers in the [Instructor Postsurvey](#).