### Evaluating the International Experience: Best Practices and Findings

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- As international educators, we believe in the value of study abroad.
   But how do we really know what students are getting out of the experience? This session will
  - Review what current research tells us about best practices in evaluating study abroad programs
  - Present the online assessment tool developed at the University of Oklahoma
  - Discuss selected results and address opportunities and challenges encountered the process
  - Invite audience members to share their experiences with student assessments of study abroad and other international programs.
- Thanks to Cindy Woods and Dr. Alisa Hicklin in the political science department at the University of Oklahoma for assistance with all statistical analyses



### **Challenges:**

- Mandate to double numbers of study abroad participants (currently 700/year) – request for thorough information about current programs
- Previous efforts at program evaluation ad hoc, fuzzy memory of results
- Few staff, many programs, diversity of length, location and type



### Opportunities:

- Chance to gather data about students & programs
- Lots of good work on study abroad assessment being done in the field
- University has license for web based evaluation software ("StudentVoice")



### Assessment of Study Abroad: Best Practices

- Hot topic in the field 2004 Frontiers "Special Assessment Issue"
- Common challenges:
  - Moving beyond the customer service model
  - Constrained resources
  - Getting a good response rate
  - Reporting: Data rich, analysis poor



### 2003, Engle & Engle Frontiers

- How move beyond "student client" expectations?
- Cannot meaningfully assess educational outcomes without distinguishing among program types
- Proposes hierarchical classification of program levels, each with specific learning goals
- Matching student readiness with program type
- Expectations management



### 2004 Frontiers: Special Assessment Issue

- Wide range of methods of information gathering
  - Student self-assessment
  - Faculty observation
  - Archival data analysis (e.g. databases)
- Some more scientific than others (e.g. pre and post-test, use of control group)



- What is being measured?
  - Most include some mix of:
    - language learning
    - academic performance
    - personal growth
    - intercultural sensitivity (Milton Bennett)
    - professional development
  - And how these vary across program type and student demographics



### Findings?

- Study abroad is good
- Impact of study abroad corresponds to length of program in number of studies
- Lots of further research needs to be done
- Quality of research reflects growing professionalization of the field
- More interesting work has been published since summer of 2008



- Joshua McKeown's <u>The First Time Effect: The Impact of Study Abroad on College Student Intellectual Development</u> (SUNY, 2009)
- Mark McLeod and Philip Wainwright's
   "Researching the Study Abroad Experience,"
   *Journal of Studies in International Education*.
   Volume 13, No 1, Spring 2009: 66-71



### Applying the Research

2007 Durrant and Dorius "Study Abroad Survey Instruments: A Comparison of Survey Types and Experiences" *Journal of Studies in International Education* 

### Consider:

- Available resources and personnel required
- What will you do with the results?
- Danger of qualitative data overload



### Purpose of OU Assessment:

- Create an instrument that generates data helpful to variety of audiences on campus
  - Advisers/Staff, Faculty and Students
- Design survey to allow for comparison of outcomes by program design and demographic variables



### Survey Design: the OU experience

- Borrowed from existing surveys
- Online evaluation vendor assistance, supplied software
- Final product: 62 questions
- 10-15 minutes to complete survey
- Mix of question types, including multiple choice, open ended, Likert scale



### **Survey Administration**

- Online link to web survey sent via email to students approximately 1-4 weeks after end of program
- Launched survey late June of 2008
- Results immediately available
- Between 40% and 60% response rate
- October 2009: 459 total respondents



### **Scope of Survey**

- Participant demographics
- Program type
- Satisfaction with services
- Learning outcomes
- Advice for future students



### **OU Study Abroad Profile**

- 60% summer/short-term programs
- 40% to Spain, France, Italy
- 30% to UK, Germany, China, Mexico, Chile
- 70% fulfill a graduation requirement through study abroad
- 70% Oklahoma residents



### **OU Study Abroad Profile**

Please rate your level of language preparation for the study abroad program:

31.35% None

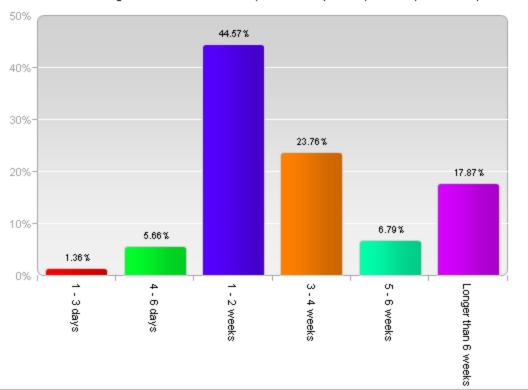
37.22% One semester to two years

29.36% More than two years

1.99% Native speaker

### **OU Study Abroad Profile**

Q9. What is the longest continuous duration you traveled prior to your study abroad experience?



What is the longest continuous duration you traveled prior to your study abroad experience?

52% Two weeks or less

48% More than two weeks



### **OU Study Abroad Participants**

- 65% Female
- 50% College of Arts & Sciences
- 12% College of Business
- 11% School of Int'l & Area Studies
- 7% College of Journalism
- 5% College of Fine Arts
- 5% College of Engineering

### **OU Students (Norman Campus)**

- 49% Female
- 35% College of Arts & Sciences
- 12% College of Business
- 2.7% School of Int'l & Area Studies
- 6% College of Journalism
- 5% College of Fine Arts
- 11% College of Engineering

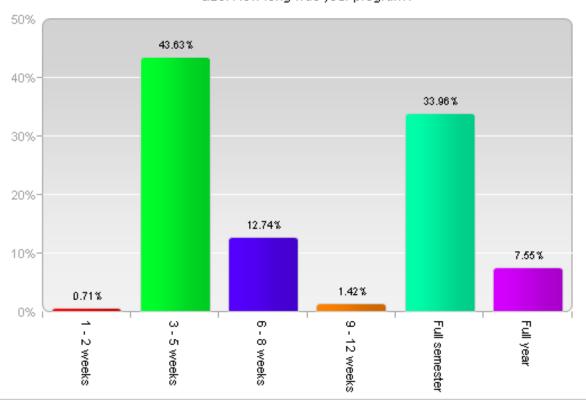


OU Study Abroad Participants		<b>OU Students (Norman Campus)</b>	
Response %		Institutional Research	
Amer Indian/Nat Amer	6.88%	American Indian	6.7%
Asian/Pacific Islander	5.87%	Asian	5.4%
Black/African American	2.43%	Black	5.4%
Hispanic/Latino/a	4.86%	Hispanic	4.4%
White/European Amer	73./8%	White	71.7%
Other	2.02%		
Prefer not to respond	4.86%	International	6.5%



### Program Type: Length





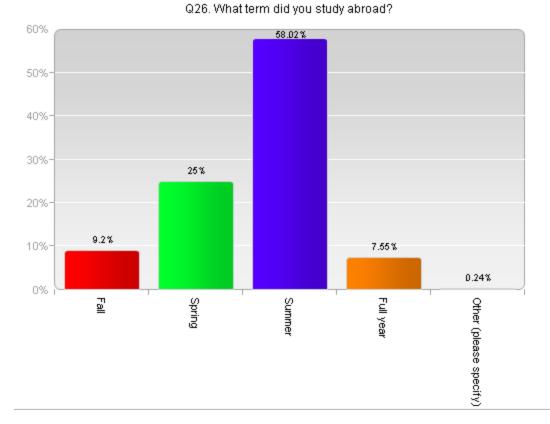
3-5 weeks: 44%

Full semester: 34%



### Program Type: Term





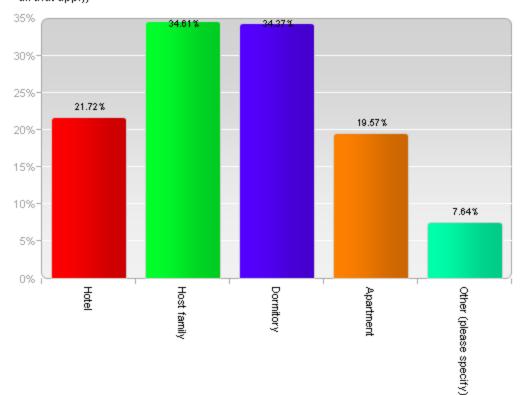
# Majority is summer (and growing)



Program
Type: **Housing** 

Host family & Dormitory each at 34% of respondents

Q30. What was the nature of your accommodations during your study abroad program? (Check all that apply)

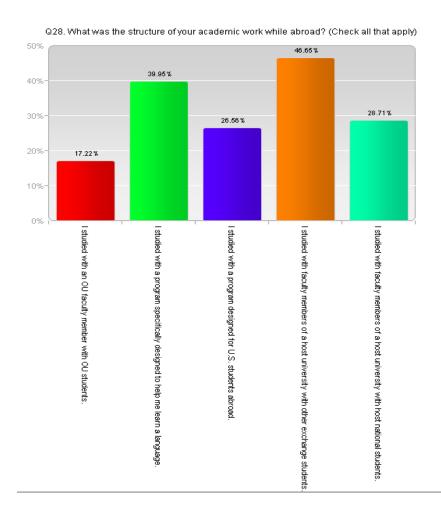




### **Program Type:**

Structure of Academic Work Abroad

 This is an example of a poorly administered question: allowed students to check all that apply





### Program Type: language of instruction

Worded almost as poorly: "In what language or languages did you take coursework during your program abroad? (Check all that apply)

49%/42% English

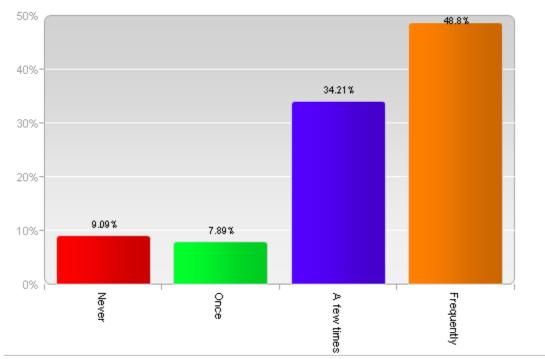
68%/58% Language(s) spoken in host country



### Program Type: Experiential Learning or structured cultural interactions

49% of Students "frequently" participated in structured outings and/or cultural experiences as part of their program

Q32. How often did you participate in structured outings and/or cultural experiences as part of your program?

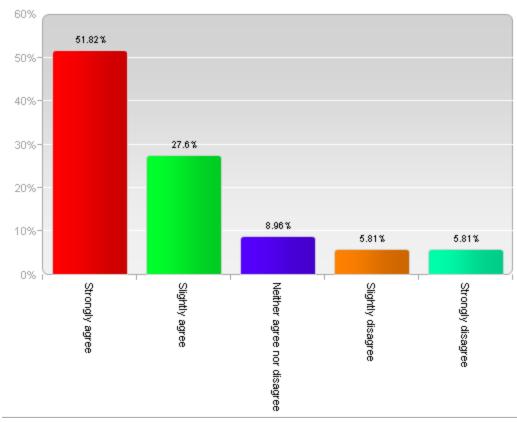




### Moving from Program Type to Evaluation of Experience:

52% strongly agree that they made meaningful connections with host nationals while living abroad

Q35. Please indicate your agreement with the following statements: - I made meaningful connections with host nationals while living abroad.

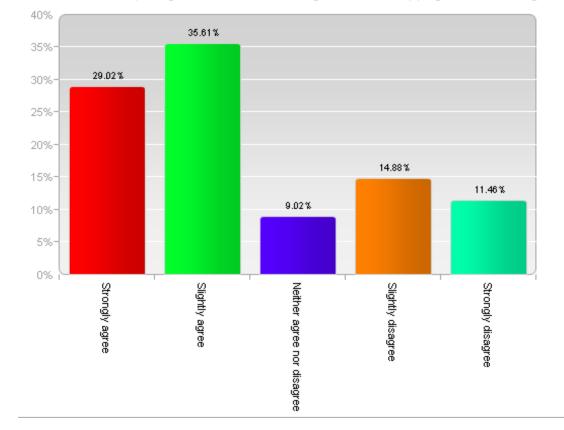




## Was your program well-organized?

65% agree strongly or slightly

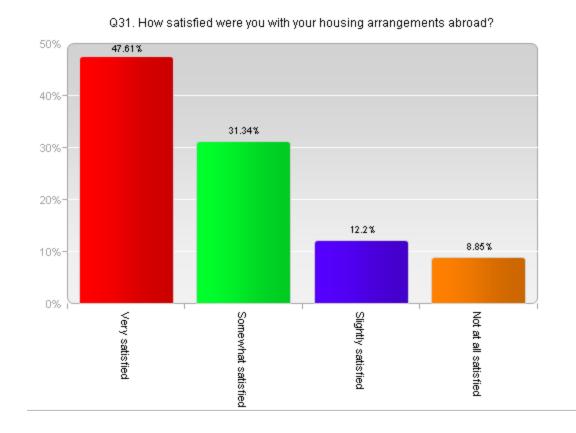
= Q36. Please indicate your agreement with the following statements: - My program was well-organized





How satisfied were you with your housing arrangements abroad?

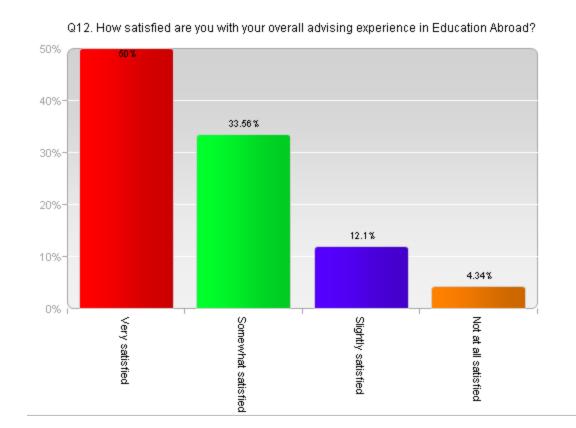
79% slightly or very satisfied





How satisfied were you with your **overall advising experience** in Education Abroad?

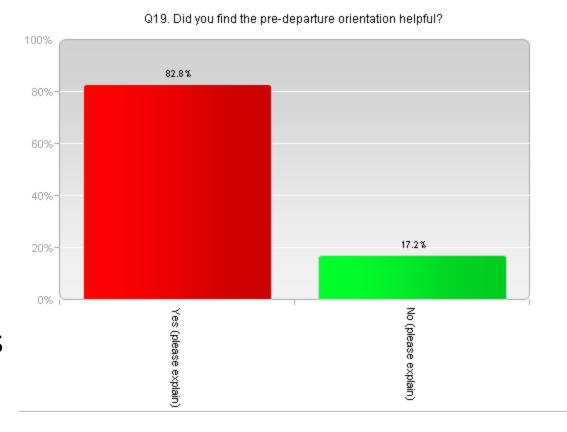
Students were asked to comment on their answer. Limited utility of results. Word Cloud content analysis not very interesting.





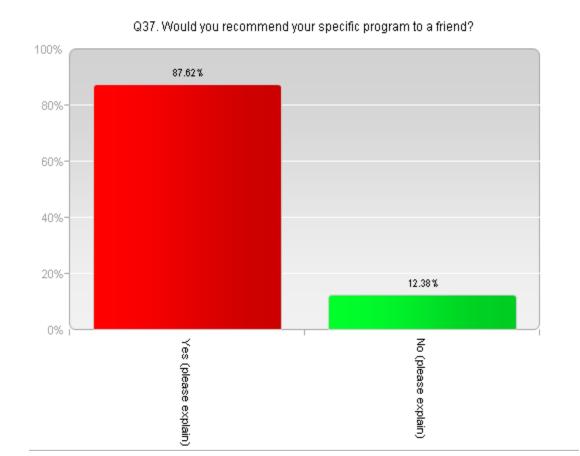
83% of students found the predeparture orientation helpful

Comments on yes/ no answers much more helpful in this instance



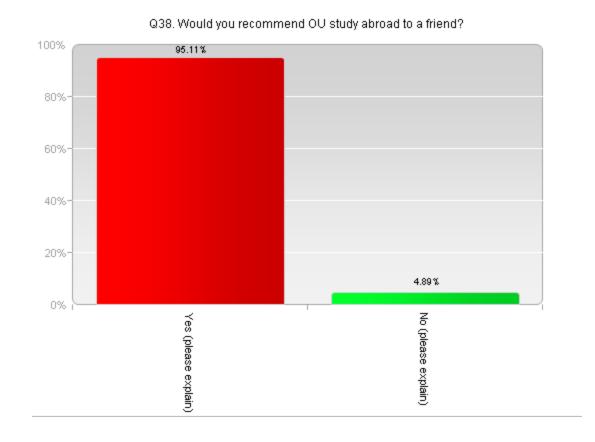


88% of OU students would recommend their specific program to a friend





95% would recommend OU study abroad to a friend





Frontiers 2004 Assessment article by Ingraham and Peterson: "Assessing the Impact of Study Abroad on Student Learning at Michigan State University"

- Student self-assessment component of study took place 1999-2002 with analysis of 2,500 questionnaires
- Length of sojourn positively correlated with all five factors, strongest in intercultural awareness



### Learning Outcomes: Student self-assessment

- Language Learning (2)
- Academic Performance (2)
- Personal Growth (9)
- Intercultural Awareness (7)
- Professional Development (2)



### Positive Correlations:

- language learning
- intercultural awareness
- personal growth
- "Non-findings"
  - academic performance
  - professional development



## **DV: Language Learning**

1) As a result of my study abroad experience, my ability to speak a foreign language has improved (mean = 4.13)

2) Studying abroad has contributed to my desire to begin learning a foreign language (mean = 4.46)



## **DV: Intercultural Awareness**

- Collapsed all questions into one variable
- Mean score = 4.62

 Understanding international issues, human difference, other cultures, own culture, host country, United States



#### **DV: Personal Growth**

Independence Variable = 4.42 mean

Included enhanced independence, self-reliance, problem-solving skills, leadership skills, feelings of personal effectiveness

Difference Variable = 4.65 mean

Included ability to cope with unfamiliar situations, comfort level with people different from myself, ability to effectively interact with those of different backgrounds



## **DV: Academic Performance**

- 1) My study abroad experience has led to an improvement of my academic performance (mean = 3.47, 44% neither agree nor disagree)
- 2) Studying Abroad has enhanced my critical thinking skills (mean = 3.93, 26% neither agree nor disagree)

# **DV: Professional Development**

1) Studying abroad has made me reconsider my career plans

mean = 3.31

2) Studying abroad has helped me find professional direction

mean = 3.29



- Demographic data
- Program type (where possible)
- Satisfaction levels



- Demographic data
  - Gender
  - Race/Ethnicity
  - Prior Travel Experience (+/- two weeks continuous duration)



- Program type (where possible)
  - Length
  - Term
  - Language (English/not English)
  - Frequency of structured cultural outings



- Satisfaction levels
  - With advising experience at OU
  - With pre-departure orientation at OU
  - With housing abroad
  - Was the program well organized?
  - Did you make meaningful connections with host nationals? (could also be program type)



Language Learning: As a result of my study abroad experience, my ability to speak a foreign language has improved.

Stronger agreement among students

- Who had a more satisfying overall advising experience
- Who reported greater satisfaction with housing abroad



Language Learning: As a result of my study abroad experience, my ability to speak a foreign language has improved.

Stronger agreement among students

- Participating in programs taking place in language other than English
- Who feel most strongly that they made meaningful connections with host nationals



Language Learning: Studying abroad has contributed to my desire to begin learning a foreign language or continue my existing study of a foreign language

Stronger agreement among students

- Participating in programs taking place in language other than English
- Who feel most strongly that they made meaningful connections with host nationals



# **Personal Growth:** Independence variable Stronger agreement among

- Women and People of Color
- Programs with greater numbers of structured outings and/or cultural experiences
- Those who feel they made more meaningful connections with host nationals
- Those most satisfied with advising experience
- Those who found the PDO helpful



## Personal Growth: Difference Variable

Stronger agreement among

- Women and People of Color
- Those who feel they made more meaningful connections with host nationals
- Those who found the PDO helpful



### **Intercultural Awareness**

Stronger agreement among

- Women
- Programs with greater numbers of structured outings and/or cultural experiences
- Those who feel they made more meaningful connections with host nationals
- Those who found the PDO helpful
- Those who expressed greater satisfaction with housing abroad



### Is more better?

- OU results inconclusive, often counterintuitive
- Problem of sample bias and self-assessment rather than objective measurement

### So what do we know?

Intervention matters, program type matters



### **Interventions:**

- Study abroad advising experience
- Pre-departure orientation

## **Program Type:**

- Satisfaction with housing
- Structured cultural outings/experiences
- Connection with host nationals



# **Moving Forward**

- New software (Studio Abroad) will allow for pre-test and post-test answer comparison
- Can reduce number of questions asked by half
- Place greater emphasis on program classification (Engle & Engle), facilitation of better program matches and expectations management



Michael Vande Berg's "Intervening in the Learning of U.S. Students Abroad," *Journal of Studies in International Education*. Vol 11, No 3/4, Fall/Winter 2007: 392-399

- Importance of asking students to articulate their personal learning goals
- Need to continue to intervene actively in student learning throughout the program

- What tools are you using to evaluate international experiences?
- What challenges have you encountered in this process?
- How are you sharing the results?